

# Live-in Care for *your loved one* ...as if you were there

# Your home your life

Most of us wish to live in our own homes for as long as possible but at some stage in our lives we may need round the clock help and support to do so. Live-in care is an alternative to residential care allowing you (and your pets) to stay in the comfort and familiarity of your own home.

At Eaton, we recognise that there are so many benefits to remaining in your own home. Your home is full of priceless memories, a place you feel safe, and with help from a fully trained Care Worker, you can continue with your daily routine including any relationships with friends and the community.

*vour care* 

### What is Live-in care?

Live-in care involves an Eaton Home Care trained care worker residing with you or your loved in their own home. In addition to ensuring all your care needs are met, a live-in care worker is also there to provide companionship and take care of all those other day to day tasks that may be a little challenging.

These could include general duties such us helping with meal preparation, shopping lists, appointments, cleaning, washing and changing the laundry and even ensuring the bins are put out for collection.



# The benefits of Live-in Care vs Residential Care

Benefits	Live-in Care	Residential Care
A personalised plan of care designed to meet your needs whilst addressing how you wish to live your life.	$\bigcirc$	$\otimes$
Couples Live-in Care for you and your partner residing and wishing to stay in their own home together.	$\bigcirc$	$\otimes$
Closer monitoring of health concerns resulting in fewer falls, lower infection rates and hospital admissions.	$\bigcirc$	$\otimes$
Freshly cooked meals of your choice at your preferred times.	$\bigcirc$	$\otimes$
Visiting times and durations from friends and family to suit you.	$\bigcirc$	$\otimes$
No risk of the family home being sold to fund homecare.	$\bigcirc$	$\otimes$





#### We can support you with a range of conditions and circumstances:

- Dementia
- Alzheimer's
- Parkinson's
- Physical disabilities
- Cancer care
- Stroke recovery
- Medication management
- End of life/Palliative care
- Short term hospital discharge
- Night care
- Respite care

## **Consistent** Care

Our care coordinators and support team are available 24-hours a day, 7-days a week, ensuring that should any emergency occur outside of office hours there is a trained senior representative to deal with the situation, offering you and your Care Worker support.

Eaton aims to ensure continuity of care ensuring that you have the same Care Worker for as long as possible. This continuity helps to build a good and effective relationship between you and your

professional Care Worker, helping to identify any change in needs or understanding and sharing requirements.

A live-in Care Worker from Eaton is a new companion. Someone who can help you continue with the activities you enjoy at home and in the community.

A tailor-made care plan to suit you



# Regulated vs Unregulated Care

Is your care provider registered with the Care Quality Commission CQC?

#### Regulated Care

- Our Professional Carers are employed staff who go through extensive employment checks prior to starting work.
- All Professional Carers complete training which is mapped around The Care Certificate. This is an agreed set of standards that sets out the knowledge, skills and behaviours expected of specific job roles in the health and social care sectors www.skillsforcare.org.uk

Check for yourself at cqc.org.uk

- All staff have an enhanced DBS (Disclosure and Barring Service)
  Check which considers the person's suitability to work with vulnerable adults.
- We complete an introductory assessment engaging with the customer and or their circle of support to create a bespoke care plan based on their wishes, preferences and outcomes.
- We have a robust 'Professional Carer matching process' which considers suitability based on personality, likes/dislikes, preferences and specific requirements such as skills.
- Regular Monitoring and Checks by CQC inspectors with findings published publicly.

#### Unregulated Care

- Often they won't employ their own carers, just an introductory agency.
- × No formal training for carers is required, checked or refreshers and updates provided.
- No background checks/ DBS Checks of carers required.
- No introductory assessments or individual care plans created for your individual needs.
- × No careful matching process, carers on rotas with limited time.
- No requirement for any independent or background checks on the agency, the owners or the care workers they employ.



#### General Requirements

For their own safety and comfort, it's essential your Care Worker has a comfortable, clean and private room, with some storage for clothes and personal possessions. Fresh sheets and towels on arrival are an essential part of this.

It is also expected that the home has internet connection which the Care Worker may access. A TV is not essential, however the Care Worker may watch TV via their iPad etc using the WiFi.

Your Care Worker will need to have provisions made for food during their time with you. You can either include them in your regular food budget or make a separate

arrangement, such as a personal weekly food budget. This is around £5 per day. Your Care Worker will often make mealtimes an enjoyable time, encouraging and supporting you at this time and eating together.

Although your live-in Care Worker lives in your home, they are not expected to work 24 hours usually be broken down into contact/work time and then non-contact/downtime. This is based around the your daily routine and preferences which are discussed during the assessment and review process.

#### As a guideline, a live-in Care Worker is able to provide between 8-10 hours of total contact time a day.

Within each 24-hour period, the Care Worker will need to have at least two hours of uninterrupted breaks in total per day. During these breaks the Care Worker will need to be able if they wish to leave the property. It's important to decide how this will work, either putting together a fixed plan of when breaks are best taken around your needs and routine. Flexibility on both sides is always appreciated.

If you feel you are unable to be left without care and support during the 2-hour break periods, Eaton would be able to provide a visiting Care Worker to provide cover and support during this daily break time.

# eatonhomecare.co.uk 01223 857235

Your live in Care Worker will be available to provide you with that added piece of mind should an emergency occur or you need occasional support in the night perhaps assisting to go to the bathroom. Where your night support becomes frequent or for extended periods of time, then talk to us about our night care services.

## Costs of Live In care

- Our weekly costs are based on your individual needs from providing companionship to more complex support.
- The cost for an individual ranges from £1200 to £1425 per week.
- The cost for a couple ranges from £1450 to £1675 per week.
- All costs are discussed and confirmed during the assessment stage. To arrange your no obligation, free consultation please call our team **01223 857235** or email us at **enquiries@eatonhomecare.co.uk**.



Our story revolves around our family, caring for families just like yours, for over five decades.

My mother enjoyed a 25 year nursing career, then my parents opened their first care home in 1989. I have also been fortunate to spend over 10 years in the industry too. All of this experience has been focused into providing a highly personal care programme, maximising your time and enjoyment in your own home.

At Eaton, we provide a tailor-made range of homecare services, all centred around you, your life, and your needs. From companionship services and visiting support, right through to 24 hour live-in support, we will create the ideal care package for you.

If you have any questions at all, please speak to one of our team who will be only too happy to help.

MATT SUMNER, MANAGING DIRECTOR

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